















Food Allergen Risk For Caterers

Allergens in food served on these premises

Name of business, organisation or provider of services: **GOOD INSIDE CAFE**

Please list the foods that are served on these premises and make a tick in the appropriate column as to which allergens they contain.

<p>1 Enter name of foods in this column</p> <p>2 Click in the boxes of the allergen categories to add a tick to indicate what allergens are included in the food</p>	 Peanuts	 Nuts	 Crustaceans (Shellfish)	 Molluscs (Shellfish)	 Fish	 Eggs	 Milk	 Cereals containing Gluten	 Soya	 Sesame seeds	 Celery	 Mustard	 Lupin	 Sulphur Dioxide
Enter the food name and / or description in this column														
LAMB RUMP						✓	✓				✓	✓		✓
SEAFOOD SALAD						✓								✓
OCTOPUS STEW			✓	✓	✓		✓							✓
GOOD INSIDE EGGS BENEDICT		✓				✓	✓							
SWEET SPICED NUT GRANOLA		✓					✓			✓				
GRILLED SARDINES					✓		✓							
PAN ROASTED SPROUTING BROCCOLI						✓	✓							
CHICKEN CAESAR SALAD					✓	✓	✓					✓		
MOUSSAKA					✓	✓	✓				✓			✓
AUBERGINE PARMIGANA							✓				✓	✓		
STICKY PORK RIBS					✓				✓	✓				
CHICKEN WINGS						✓	✓							
LAMB CHOP														
BURGER							✓							
GREEK SALAD							✓							✓
CHEESEBOARD							✓			✓				
CHOCOLATE OR VANILLA ICECREAM						✓	✓							
MUSSELS			✓	✓			✓							✓
HOME CURED SALMON					✓		✓							
CRAB SALAD		✓		✓					✓	✓				
AFFOGATO						✓	✓							
VANILLA OR CHOCOLATE MILKSHAKE						✓	✓							
FLAT WHITE, CAPPUCCINO BABY CHINO, MOCHA, HOT CACAO							✓							

From December 2014 there will be a legal obligation to supply information to consumers on the allergens that are in the food that you produce.